



SEND Support and Development – Developing Co-Regulation Plans for Students Experiencing Challenges with SEMH

Date: 15th May 2024

Time: 15:30 – 17:00

Location: Atlantic Centre, Newquay

Facilitator: Dr Wendy Thomas

Positive support planning for young people who require co-regulation support.

A PBS plan is a document created to help identify, make sense of and address the underlying need that an observed behaviour may be communicating. PBS plans are helpful in situations where behaviours are becoming challenging within a school context and where a closer analysis is required to identify unmet needs.

The purpose of PBS planning is to help young people build new skills and ways of communicating their needs and support all key staff working with a young person to use the same approaches and strategies to connect with them. This workshop will explore polyvagal theory, levels of regulation and the arousal cycle to provide a framework to understanding behaviours that can challenge.

If you have any further questions, email: schoolimprovement@celtrust.org



To book your place, scan the QR Code



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